

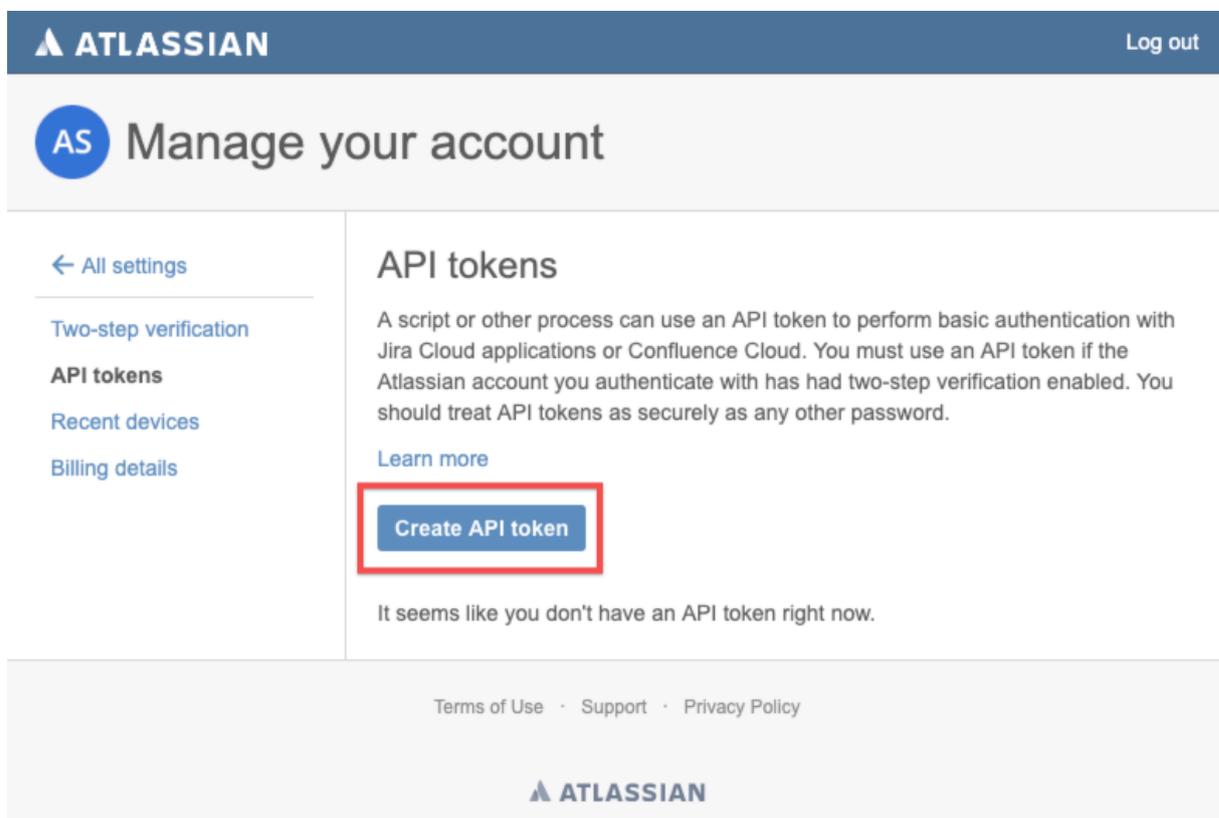
# JIRA - Authenticating when your Jira user identity is through Google

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If you click the **Log in with Google** button in order to sign in to Jira or if you otherwise know that your Jira user identity is provider through Google, you must use an API token to authenticate the Jira instead of your user password.

To generate an API token, follow these steps:

1. Sign in to your Jira account, and then navigate to <https://id.atlassian.com/manage/api-tokens>.
2. On the API Tokens page, click Create API Token.



The screenshot shows the Atlassian user interface for managing an account. At the top, there is a blue header with the Atlassian logo and a 'Log out' button. Below the header, the main content area is titled 'Manage your account' with a blue circular icon containing 'AS'. On the left side, there is a navigation menu with links: '← All settings', 'Two-step verification', 'API tokens' (which is highlighted), 'Recent devices', and 'Billing details'. The main content area is titled 'API tokens' and contains the following text: 'A script or other process can use an API token to perform basic authentication with Jira Cloud applications or Confluence Cloud. You must use an API token if the Atlassian account you authenticate with has had two-step verification enabled. You should treat API tokens as securely as any other password.' Below this text is a link 'Learn more' and a blue button labeled 'Create API token' which is highlighted with a red rectangular box. At the bottom of the main content area, it says 'It seems like you don't have an API token right now.' The footer of the page contains links for 'Terms of Use', 'Support', and 'Privacy Policy', followed by the Atlassian logo.

3. In the Label field, enter a name for your token, and then click Create.
4. Click Copy to Clipboard and record the copied value, or click View and copy the token value.

When you [authenticate an instance of the Jira connector](#), use the API token as your password. If you lose track of or did not copy your token, it cannot be retrieved and you will need to create a new token.